

Branches Planning for Home Learning - Autumn Term

Below are a list of key skills to focus on with your child while they are not attending school. From the list of suggested ideas, choose which activities you think will suit the needs of your child the best. They do not need to be done at specific times of the day but just as opportunities arise.

Area	Key Skills	Suggested Activities
Independence	Dressing	<ul style="list-style-type: none"> ● Encourage your child to put on their clothes in the morning. ● Let your child choose what clothes they would like to wear. ● Encourage your child to put on their pyjamas at the end of the day. ● Follow simple instructions to put on their clothes in order. ● Use these sequencing cards to show your child as they are getting dressed Educational Resources for Special Needs ● Get your child to help with the laundry, here are some tips from a Speech and Language Therapist and Sheffield Children’s hospital to support your child’s language skills https://www.youtube.com/watch?v=HeYfyH0krKg&list=PLMIZqixhKCwsc2JPQXnTC-H5G2l4KGffb&index=20&t=0s
Social & Communication	Adult – focussed activity and turn taking activities	<ul style="list-style-type: none"> ● Engage your child in an activity that you know they will be interested in. This could be anything from lego, playdough, favourite toy or a game. Ask them to complete a simple activity you would like them to do with the resource. ● For turn taking, engage with your child in whatever toy they are playing with at the time and ask for a turn. At first only take the toy for a few seconds then return to the child and tell them it’s their turn. Over time increase the amount of time you have the toy before returning it for your child's turn. ● Play a simple turn taking game such as pairs or dominoes. This can be done with a physical game or on the computer/i-pad. ● Here is a link to an online pairs game Memory Game online - Pairs game ● Here is a link to an online dominoes game Play Block Dominoes Game Online

Self- Help	Washing hands	<ul style="list-style-type: none"> ● Support your child to wash their hands after going to the toilet, before eating, and when going out or returning from different locations. ● Encourage your child to rub their hands thoroughly with the soap, you could sing a song to make sure they do this properly How to wash your hands NHS song NHS, experiment with different songs to see which ones motivate them the most. ● Model washing and rubbing your hands so that your child can copy. ● You can use visual cards to show your child the sequencing of washing hands ● Use this sequence strip to support your child with visuals Educational Resources for Special Needs
Physical Development	Gross motor skills: Dance and movement	<ul style="list-style-type: none"> ● Encourage your child to move, dance in whatever way they feel comfortable. ● Put on your child's/your favourite band and dance together. ● Practice some action songs like 'head shoulders knees and toes', get them to copy your movements, you may need help them move their body parts ● Together come up with a simple dance routine to your favourite song. ● Gonoodle is a great website with lots of links to different movement activities and dances GoNoodle: Home ● Try 10 Minute Shake up activities https://www.nhs.uk/10-minute-shake-up/shake-ups ● Just Dance have a variety of school friendly dances on YouTube you could access. Just Dance YouTube channel ● Dance 'n Beat Lab channel Dance 'n Beats Lab